

Sample Meals

All meals include additional offerings:
 Breakfast-Toast, Cereal, Yogurt and Fruit
 Lunch & Dinner- Peanut Butter* and Jelly Station and a Full Salad Bar

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	N/A	Pancakes Sausage Links Fruit Yogurt Milk	Scrambled eggs Stars Fruit Yogurt Milk	Egg patty Sausage Patty Biscuit & Apple Butter Fruit Yogurt Milk	Mini muffins Breakfast Parfaits Fruit Yogurt Milk	French Toast Sticks Bacon Fruit Yogurt Milk	Baked Oatmeal Smoked Sausage Link Fruit Yogurt Milk
LUNCH	N/A	Popcorn Chicken Mac & Cheese Peas Cookie Milk	Baked potato Butter, Cheese, Sour Cream Ravioli Corn Milk	Meatball Sub French fries Baby Carrots popsicles Milk	Sack lunch Uncrustable Sandwich Goldfish crackers Juice box String cheese Rice Krispy treats Apple slices Milk	Pizza burgers Beef, Cheese Potato chips Apple sauce Milk	N/A
DINNER	Fried Chicken Mashed Potatoes Corn on the Cob Dinner roll Brownie Milk	Pizza Pasta Salad Pineapple Chunks Root beer Floats Milk	Tacos Tortilla chips Salsa Lettuce, Cheese, Sour Cream Corn Tortilla Milk	Cookout Hot Dogs Hamburgers Chips Potato Salad Watermelon Lettuce & Tomato Milk	Chicken Alfredo Sauce Bread Stick Pasta California Blend Veggies Milk	Chicken and Waffles Green beans Ice cream Sundaes Milk	N/A

Sample Meals

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	N/A	Pancakes Sausage Links Fruit Yogurt Milk	Scrambled eggs Stars Fruit Yogurt Milk	Breakfast Pizza Fruit Yogurt Milk	Cinnamon Rolls Breakfast Parfaits Fruit Yogurt Milk	French Toast Bacon Fruit Yogurt Milk	Baked Oatmeal Smoked Sausage Link Fruit Yogurt Milk
LUNCH	N/A	Chicken Fingers Mac & Cheese Peas Cookie Milk	Sub Sandwich Pickle Spear Deli Tray Twin Pop Milk	Corn Dogs Tater Tots Sweet Corn Rice Krispy Treat Milk	Sack lunch Uncrustable Sandwich Goldfish crackers Juice box String cheese Rice Krispy treats Apple slices Milk	Grilled Cheese Chicken Noodle Soup Pickle Goldfish Milk	N/A
DINNER	Spaghetti Meatballs Texas Toast Green Beans Cupcakes Milk	Pizza Pasta Salad Pineapple Chunks Root beer Floats Milk	Tacos Tortilla chips Salsa Lettuce, Cheese, Sour Cream Corn Tortilla Milk	Cookout Hot Dogs Hamburgers Chips Potato Salad Watermelon Lettuce & Tomato Milk	General Tso Chicken Egg Roll Stir Fry Veggies Rice Dirt Pudding Milk	Chicken and Waffles Green beans Ice cream Sundaes Milk	N/A

**These are sample Summer Camp weekly menu to be used as a guide for a typical week at camp.
This menu is subject to change.**

*If camp needs to be Peanut Free for the week, WOW Butter replaces Peanut Butter