

Your Retreat will include the following:

- Cabin accommodations, meeting space, and A/V equipment as needed.
- Access to hiking trail system and unstaffed activities such as disc golf, sports field, basketball court, volleyball, and bocce ball.
- Healthy and delicious prepared meals from our Dining Facility
- Pre-trip orientation and schedule coordination
- Exclusivity when attendance exceeds seasonal minimums.
- 30-day first refusal on reserving dates for next season.



Flat Rock River YMCA Camp Conferences and Retreats

2015-2016 Conference and Retreats Rates

Items	Price Per Person
Day Rate	\$20
1 Night Rate	\$35
2 Night Rate	\$55
Additional Nights after 2	\$30
Meals	\$8 per
Activities	\$60 per staff

*Activity staff are charged on a per day basis. We can work with you to try to pair several activities in one day if possible.

**We also provide seasonal discounts and will gladly work with your budget, please contact us for a quote!